

CDC Guidelines regarding COVID-19 Boosters

Pfizer, Moderna and Johnson and Johnson Boosters are now all approved and available.

The CDC ACIP recommends the following:

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People (**ALL**) 65 years of age and older residents in long term care settings should receive a booster shot at least 6 months after their original dose of Pfizer-BioNTech and or Moderna. Johnson and Johnson boosters are available as early as two months after the original dose.

People (**ALL**) aged 50-65 with underlying medical conditions should receive a booster shot of Pfizer-BioNTech's booster and or Moderna at least 6 months after the original dose series of Pfizer-BIONTech vaccine or Moderna vaccine.

People age 18-49 years of age with underlying medical conditions may receive a booster shot of Pfizer-BioNTech Vaccine or Moderna vaccine at least 6 months after their original dose of Pfizer-BioNTech vaccine or Moderna vaccine. J&J as early as two months after their original J&J dose

People age 18-64 who are at increased risk for COVID-19 exposure or transmission because of occupational or institutional settings may receive a booster shot of Pfizer-

BioNTech COVID-19 vaccine at least 6 months after Pfizer-BioNTech primary series Moderna series.

CDC has also now approved cross vaccination dosing with boosters from a different series. This means you can consider taking a Moderna Booster if you received Pfizer-BioNTech series and you can consider taking Pfizer-BioNTech series if you received Moderna.

Please do not hesitate to ask questions and follow updated CDC guidelines as they are every changing.

Respectfully with Love and Prayers,

Dr. Tamara N. Fuller-Eddins